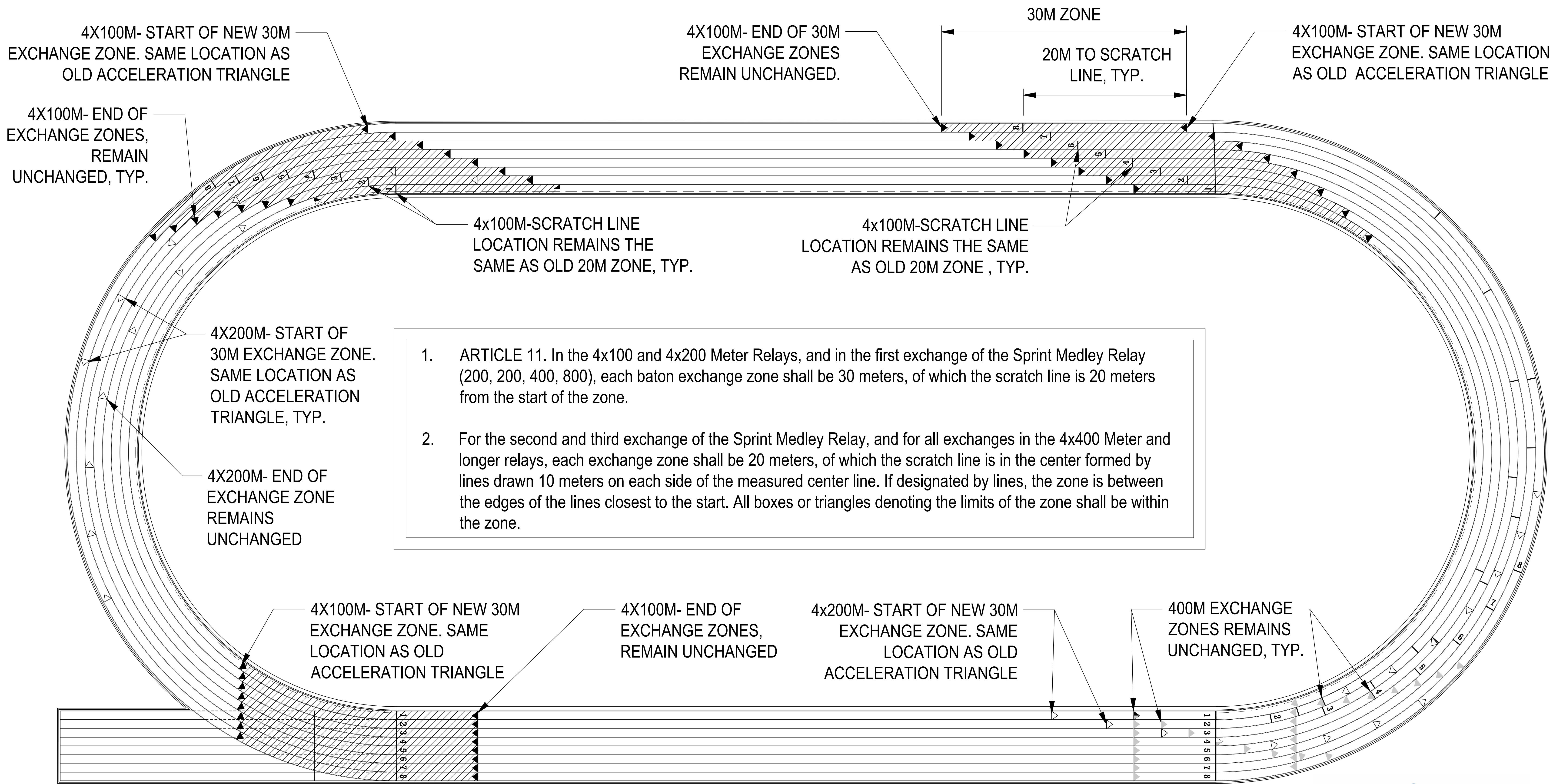
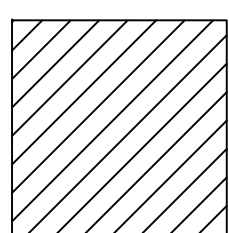


# NEW 30M NCAA/NFHS EXCHANGE ZONE LAYOUT



	4X100M-30M EXCHANGE ZONE LOCATION PER NEW RULE	▶ 4X400M-EXCHANGE ZONE
		▷ 4X200M-EXCHANGE ZONE
		▶ 4X100M-EXCHANGE ZONE

