



## **KSHSAA COACH/SPONSOR CPR/AED TRAINING REQUIREMENT**

In April 2019 the KSHSAA Board of Directors adopted a rule requiring any head or assistant coach/sponsor for any KSHSAA sanctioned activity be certified or trained in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) administration.

### ***KSHSAA Handbook Rule 10-1-9***

**Art. 9:** Any person serving in the role of a head or assistant sport coach/aide or a head or assistant activity sponsor/aide in a KSHSAA member school shall be certified or trained in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) administration.

#### **COMPONENTS OF THE RULE ARE AS FOLLOWS:**

1. Following an initial 30-day grace period from the start of the season, personnel are not eligible to work as a coach or sponsor for their school until proof of completion of CPR/AED training is on file with their school.
2. Every coach/sponsor must complete CPR/AED training every 2 years.
3. The training shall be coordinated by a certified CPR instructor.
4. Online only training courses are not accepted.
5. There must be a hands-on educational component to the training process.
6. On an annual basis by activity, a school administrator must acknowledge through the KSHSAA website that each coach/sponsor is currently trained in CPR/AED administration.
  - To acknowledge rule compliance, a school administrator should login to the KSHSAA website and go to the **Coach/Sponsor Requirements** page. Select the activity and enter the date of CPR/AED training next to each coach/sponsor name. If you do not see the coach/sponsor listed, add that person through the **Update Directory** process online. All head and assistant coach/sponsors should be listed for every activity!

#### **Training could be obtained from the following organizations:**

- American Heart Association
- American Red Cross
- American Safety & Health Institute / Medic First Aid
- National Safety Council

#### **Potential sources for locating a certified CPR instructor:**

- School nurse
- School/community athletic trainer
- Local emergency personnel: EMTs, Firefighters, Police Officers
- Community hospital
- Contacting the organizations listed above